

Keeping Yourself and Others Safe Slides

Basic Safety on the Jobsite



Develop safe work habits

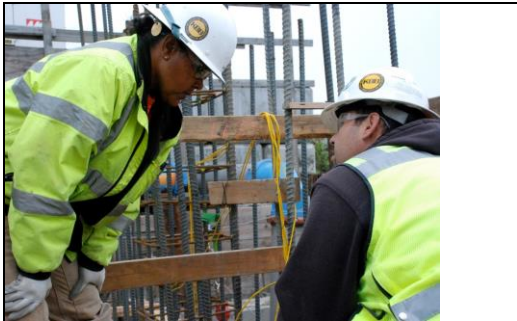
- Your work day is a series of small safety decisions.
- Your body is your livelihood.
- Develop a habit of choosing safety.



Make safety a priority:

Take responsibility
for
your
own
safety.





Listen closely to instructors.



Watch
out
for
each
other.



Be aware of others around you.



Be mindful of hazards.

This slide features a photograph of several construction workers wearing orange hard hats and safety vests, working on a dirt site. One worker in the background is using a pickaxe. The text 'Be aware of others around you.' is overlaid at the top, and 'Be mindful of hazards.' is at the bottom.

Always Wear Personal Protective Equipment (PPE)

- ✓ Protective clothing
- ✓ Protective boots
- ✓ Safety glasses
- ✓ Hard hats
- ✓ Ear plugs
- ✓ Gloves
- ✓ Dust masks/respirators



This slide lists seven types of PPE with checkmarks. To the right is a photograph of a worker wearing a hard hat, safety glasses, earplugs, gloves, and a respirator mask, standing next to a large metal barrel.

Bring your hardhat, ear plugs, safety glasses, and gloves to every jobsite and field trip.



This slide features a photograph of a worker wearing a white hard hat, safety glasses, earplugs, and orange safety gloves, holding a tool. The text 'Bring your hardhat, ear plugs, safety glasses, and gloves to every jobsite and field trip.' is on the left.





Bring your tape to the jobsite.

No dangling clothing or jewelry.



Pull long hair back.

Eliminate Hazards

Keep the jobsite area clean.







Keep
cords
rolled up
and out
of the
“path.”

Give a “heads up”
when
carrying
material.



Ask an instructor if you are
uncertain
about how
to do
something
safely.





Cord Safety

When disconnecting cords, pull from the plug only.



Check cords for nicks or cuts.



Don't use a frayed or damaged cord.

We coil our cords in a specific way.



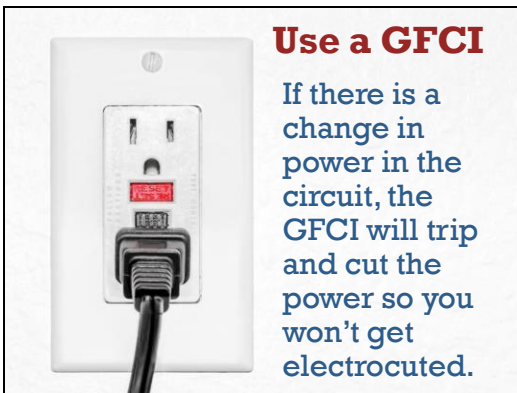
Ask an instructor to show you how.





Use a GFCI

Ground
fault circuit
interrupter



Use a GFCI

If there is a
change in
power in the
circuit, the
GFCI will trip
and cut the
power so you
won't get
electrocuted.



Use a GFCI

Use the
reset
button.



Ladders

Always use the right ladder for the job.

Step ladders are meant to be free standing.



Extension ladders are meant to lean against a wall.



Ladder Safety



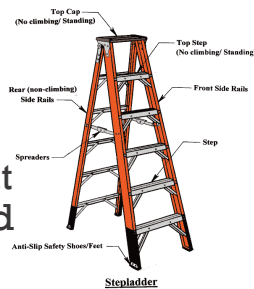
Make sure the legs are properly supported.



Never leave tools on top of a ladder, even if you only come down for a moment!



Keep your body centered between the rails. Your belt buckle should not go past the side rails.



Tools

Always ask before removing a tool.





Return tools where you found them.

Be aware of where they belong.



Instructor Aides have a tool inventory for each site.



Hand Tools

Always cut away from yourself with knives.





Put tools in your belt where they will not fall out or bang walls.



Keep sharp ends down.

Balance your tool belt to avoid bad ergonomics.



Power Tools

Only use power tools that you have permission to use AND have received training from us on.







Let the instructor know when you need training on a tool.



Wear ear protection for loud tools and saws.



Drills

Always charge a battery when it runs down.



Put correct voltage battery in correct charger.





Keep hands out of moving parts.

Put away drills properly.





Proper Lifting Techniques

Proper lifting can avoid down time due to back injuries.

Proper Lifting Techniques



Squat down bending at knees (not waist).

Proper Lifting Techniques



Grasp object, lift with legs by straightening them.



Proper Lifting Techniques



Never twist your body while lifting.

Proper Lifting Techniques



Keep heavy objects close to body while carrying.

Proper Lifting Techniques

- Squat down bending at knees (not waist).
- Grasp object, lift with legs by straightening them.
- Never twist body while lifting.
- Keep heavy objects close to body while carrying.



Be Ready for Work!

- Bring your lunch.
- Only bring the bare essentials to the site.
- Leave bags/lunch in car or close by out of the way of work.
- Be ready to go work at 8:30 sharp! (drinks and cell phones put away, bags on.)



